

Clubhouse Chronicle

March 2026



Letter from our Director

Dear Members and Friends,

As we step into March, our Clubhouse is filled with energy, focus, and excitement as we prepare for our Clubhouse International Accreditation at the end of the month.

Every three years, we welcome representatives from Clubhouse International who visit us as part of the accreditation process. This meaningful tradition is not simply an evaluation, but it is an opportunity. They come to support us, to ensure we are upholding the standards that make Clubhouses around the world strong and effective, and to help us continue improving and growing. Their guidance strengthens our programs, deepens our practices, and helps us better serve our members.

This year is especially exciting as we prepare to host both a Director and a Member who serve as Faculty for Clubhouse International. Faculty members are experienced leaders within the Clubhouse community who help guide accreditation visits and share their knowledge and expertise. Having the opportunity to learn from and collaborate with such dedicated individuals is truly an honor. (continued on page 9)



Established
in
1998



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MEET OUR STAFF

Kalli



Kalli S. became our manager in September 2024, overseeing specialty services at TTI's Oakland County offices. With her extensive knowledge and kind-hearted approach, she has quickly become an integral part of the team. We're so grateful to have her leadership and expertise guiding us!

Kayla



Kayla W. had been a generalist since December 2021, and we're thrilled to have her. She became Director in February 2023. She brings a ton of enthusiasm to our community and is one of the sweetest personalities you'll ever meet.

Mary



Mary R. was a case manager support specialist at TTI and is now the Assistant Director at Clubhouse. Mary is known for her sincerity and compassion and is loved and cherished by CHI members.

Jen



Jen N. joined us in August 2024. She's a former teacher and current Master's of Social Work student. Jennie brings both compassion and a fun, energetic spirit to her work. Her dedication to helping others makes her a fantastic addition!

MEET OUR STAFF

Connor



Connor W. joined our team in September of 2024. A finance major from CMU with a background in sales, Connor brings a can-do attitude to everything he does. His sense of humor and upbeat outlook make him a great addition to the team. He brings so optimism to the table!

Scot



Scot B. became a valuable addition to our team as a part-time driver in November 2023. Scot brings with him a wealth of experience and a delightful sense of humor. His easy-going nature has quickly endeared him to all of us!

Greyson



Greyson joined our team in February 2025 as a part-time driver, bringing fun, motivated energy to everything he does. Starting Jan 2026, Greyson is now a full-time driver! His positive attitude and dedication make him an invaluable part of our team, and we're grateful to have him on board. We look forward to the great things he'll continue to bring!

St. Patrick's
Days

CELEBRATING JOSEPH: EMPLOYEE OF THE MONTH

This month at Culver's, the fast-food restaurant where we host a Transitional Employment placement, our member Joseph was named Employee of the Month.

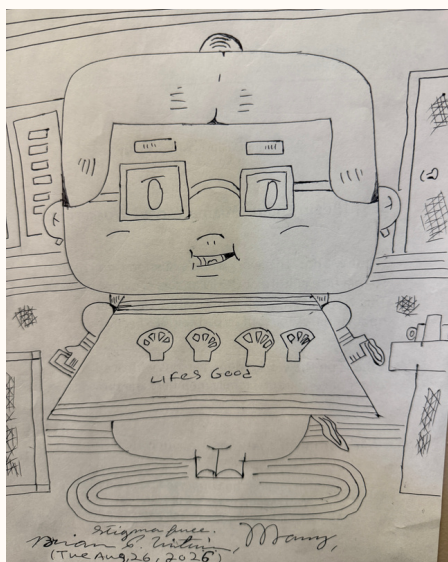
We are incredibly proud of him. His hard work and dedication have truly paid off.

Joseph is well liked by his coworkers and managers alike. His managers frequently share how grateful they are to have him on their team, how strong of a worker he is, and how much they value his contributions.

We are excited to see what the future holds for Joseph and look forward to watching his continued success.



MEMBER SPOTLIGHT: BRIAN W.



What's your name, and how long have you been a member of the Clubhouse?

Brian W, 1.5 years

What is your favorite part of being a Clubhouse member?

I like having a purpose every day.

What's something you're proud of accomplishing since joining the Clubhouse?

I am proud of stepping out of my comfort zone and trying new things.

What's your favorite hobby, music, or TV show?

I like to watch Rugrats and draw. I even drew some of the staff at Clubhouse. I sometimes invent things to help me around my room and write books, too.

BIRTHDAYS & ANNIVERSARY



Clubhouse Inspiration celebrates and acknowledges the birthdays of our valued members and staff the last Friday of every month with a special birthday celebration! As part of this tradition, each member is presented with a personalized birthday card and a special birthday coupon that can be redeemed for lunch or a snack bar item.



Sandy M - 3/16

Greyson B - 3/22

Michelle S - 3/23



Whether they have been a member for one year or for 10 plus years, we value and honor these Clubhouse Inspiration members on the anniversary of their start date:

Rae- 1 year

Dave H- 17 years

Jeff L- 11 years

Joy- 1 year

Claudia- 23 years

Nick X- 7 years

Justin Z- 14 years

FEBRUARY 13, 2026. NICK AND WENDY: VALENTINE'S DAY

Nick: So Wendy tomorrow is Valentine's day. What are your thoughts about Valentine's Day?

Wendy: It is too commercial. It is just another day to spend lots of money.

Nick: Are you expecting flowers and chocolate from me?

Wendy: No you already bought us tickets to see Tim McGraw in August.

Nick: What is your favorite romantic movie?

Wendy: Pretty Woman because I love Julia Roberts and Richard Gere.

Wendy: What is your favorite romantic movie?

Nick: Friday the 13th ... ha-ha just kidding. I think Princess Bride.

Nick: What do you think about the clubhouse party being on Friday the 13th ?

Wendy: It is an unlucky day. But it should be fun.

Conclusion: Please remember to eat your vegetables



CELEBRITY NEWS & SPORTS UPDATES BY CAROLYN

- **The Detroit Lions have traded David Montgomery to the Houston Texans. I can't believe they did that!!!**
- **The Detroit Piston are in first place in the Eastern Conference basketball!!!
Let's GO!!!!**
- **Ladies and Gentlemen Justin Verlander will be wearing the Detroit Tigers uniform again!! Hopefully this will be a great season for them.**
- **Zendaya married her longtime boyfriend Tom Holland they tied the knot in late February.**
- **Taylor Swift is set to marry Travis Kelce on June 13, 2026. I bet their marriage will break the internet again. Congratulation to them both!!**
- **Alysa Liu won Olympic gold at the Winter games in Milan, Italy. It has been 24 years since an American has won the gold in the women's Ice skating category!! GO USA!!!**
- **The Men and women's ice hockey teams both won the gold medal for the USA. It was so amazing for our country. I am so proud of our teams!!**
- **Mayheim and The Mortal is a book by Shanora Williams is set to release on March 17, 2026.**
- **Daughter of Egypt is a book by Marie Benedict is set to release on March 24th.**
- **New to Netflix in the month of March is War Machine comes on out March 6th, Made in Korea comes out on March 12th.**



Continued Letter From The Director

We are incredibly fortunate to be part of a worldwide network committed to recovery, opportunity, and community.

Accreditation reminds us that we are not alone, we are part of something larger, united by shared standards and shared hope.

Most importantly, this opportunity belongs to all of us. Our strength comes from our members, our friendships, and the work we accomplish together each day. We are proud to share this experience with our beloved members and friends who make our Clubhouse the vibrant, welcoming community it is.

Thank you for your continued dedication, participation, and belief in our mission. Together, we will showcase the heart of our Clubhouse and continue building a place where everyone belongs.

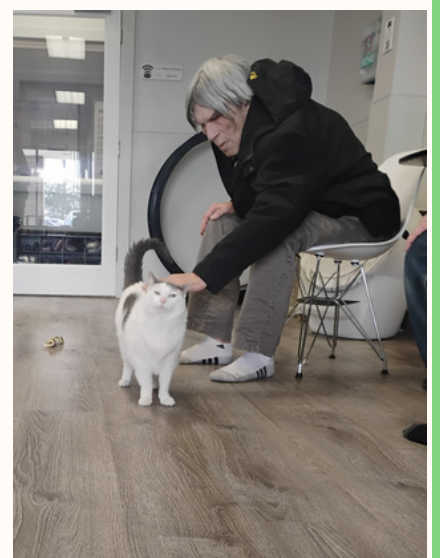
With gratitude,

Kayla Waple

Clubhouse Director



BLACK CAT BEANERY



BOOK REVIEW BY JULIE

Name of Book: A Painted House by John Grisham

Type of Book: Thriller

Fiction

Brief Description of Book:

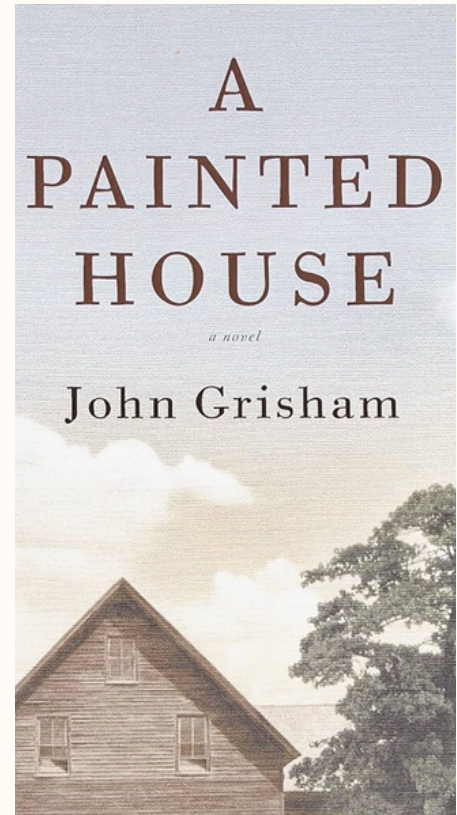
The book was written about a seven year old boy who grew up in, I believe it was Georgia. He sees things that happen on the family cotton farm when they hire hands to help pick the cotton that grows the cotton. In the course of the book the house gets painted by the boys and some of the Mexicans hired to pick the cotton. The big worry from the start of the book is trying to get the cotton picked before the rain comes and floods the farm, making the cotton utterly useless. It is an interesting book.

Recommended? Yes

Why or Why not?

The book keeps the reading interesting.

How many hearts out of 5?



LUNCH MENU

MARCH
2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	hot dogs w/ fries	Chicken tender's w/tots	Chicken noodle soup w/ roll, crackers	BBQ Chicken w/cheddar broccoli rice	French toast sticks, sausage, & fruit	
8	9	10	11	12	13	14
	Brats w/chips	Sandwich with chips	Chef salad	Ham & Swiss sandwich w/chips	Beef burritos w/chips	
15	16	17	18	19	20	21
	Sloppy joes	corned beef w/cooked cabbage, potatoes	Turkey & cheese sandwich w/chips	Matthew McC tuna sandwich w/chips	Pizza	
22	23	24	25	26	27	28
	mini chicken sliders w/cheddar sour cream chips	Taco salad w/roll	Grilled Pb & J w/fruit	hamburger gravy w/mashed potatoes & corn	chicken casserole w/ croissant birthday celebration	
29	30	31				
	Beef sliders w/ fries	Crock pot Mac N Cheese w/roll				

LET'S TALK MUSIC BY JOJO H.

Nazareth is a Scottish hard rock band formed in 1968 in Dunfermline, Scotland. They became widely known in the 1970s for their gritty sound and strong, blues-influenced rock style. One of their most recognizable songs is **Hair of the Dog**, a track that really captures their edge and attitude.

That song has always meant something personal to me. I learned a lot of my music from my older sister, and I remember her playing “Hair of the Dog” when I was younger. I was instantly hooked. It was something different from anything else I had heard.

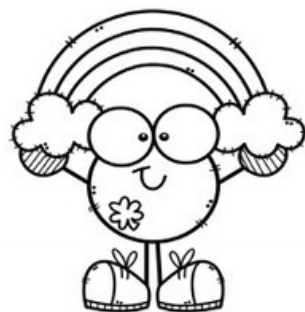
I used to sneak into her room when she wasn't around and carefully take the record just so I could listen to it myself.

Even now, when I hear that song, it takes me right back to those moments... discovering music and falling in love with a sound that has stayed with me ever since.



Jojo H. has been a member of Clubhouse Inspiration since 2016 and is passionate about music and music history. He creates this column to bring awareness to a wide variety of musical genres to clubhouse members and friends.

Name _____



Can you find all 20 words? ← → ↓ ↑ ↘

HAPPY SAINT PATRICK'S DAY

G	I	G	K	E	K	C	I	R	E	M	I	L	M
F	O	U	R	L	E	A	F	C	L	O	V	E	R
U	M	L	W	E	K	H	P	W	U	G	R	Y	S
D	I	R	D	F	E	C	K	C	I	R	T	A	P
N	L	U	L	C	J	N	O	J	Y	S	F	D	A
A	U	W	O	B	N	I	A	R	A	N	H	I	R
L	C	O	G	H	S	I	R	I	M	K	P	L	A
E	K	T	F	C	O	I	N	S	W	A	G	O	D
R	Y	B	O	K	P	T	M	A	R	C	H	H	E
I	V	H	T	N	E	E	T	N	E	V	E	S	U
Y	C	L	O	V	E	R	L	A	C	I	G	A	M
M	L	E	P	R	E	C	H	A	U	N	R	G	E

Word List

CLOVER
 COINS
 FOUR LEAF CLOVER
 GOLD
 GREEN
 HOLIDAY
 LIMERICK

LUCKY
 IRELAND
 IRISH
 JIG
 LEPRECHAUN
 MAGICAL
 MARCH

PARADE
 PATRICK
 POT OF GOLD
 RAINBOW
 SAINT
 SEVENTEENTH

MARCH EVENTS

CLUBHOUSE INSPIRATION

**MAR
14**

MOVIES

COST \$5 DEADLINE 3/9/26

**MAR
17**

ST PATTY'S DAY

COST \$2 DEADLINE 3/10/26

**MAR
23**

BOWLING

COST \$5 DEADLINE 3/16/26

**MAR
30**

CASH BINGO

COST \$5 DEADLINE 3/23/26





Clubhouse Inspiration is a community dedicated to empowering individuals living with mental illness by providing hope and opportunities to realize their full potential. Guided by proven standards developed over two decades by Clubhouse International, we join over 320 clubhouses worldwide in offering effective, supportive programs. Key elements of our approach include a structured work-ordered day, employment support, activities on evenings, weekends and holidays, community outreach, educational programs, and self-governance. Follow Clubhouse Inspiration on Facebook and Instagram to stay connected and learn more.



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