

June 2024

Oxford, Michigan

Clubhouse Chronicle

Clubhouse Inspiration



HAPPY PRIDE MONTH!

Pride month is a time of celebration, remembrance, and advocacy for the LGBTQ+ community. Throughout June, people around the world come together to honor the struggles and triumphs of LGBTQ+ individuals, commemorate pivotal moments in LGBTQ+ history, and promote acceptance and equality for all. From colorful parades and vibrant festivals to educational events and community gatherings, Pride month serves as a powerful reminder of the ongoing fight for LGBTQ+ rights and the importance of celebrating diversity and inclusion in all its forms. It's a time to embrace love, identity, and the beauty of being true to oneself.

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1998

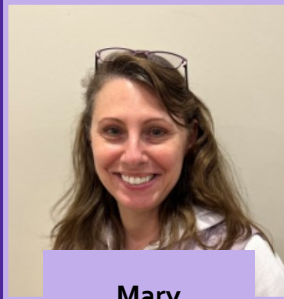


Meet Our Staff



Kayla

Kayla Waple has been a generalist since December 2021, and we're thrilled to have her. She became Acting Director in February, 2023. She brings a ton of enthusiasm into our community and is one of the sweetest personalities you'll ever meet.



Mary

Mary R was a case manager support specialist at TTI but now works at Clubhouse as a full-time generalist. Mary is known for her sincerity and compassion and is loved and cherished by CHI members.



Matt

Matt Adams has worked for TTI, our auspice agency for nearly two decades. He worked as a generalist at Clubhouse for several years then became a full-time driver at TTI. Starting this month, he's back as a full-time generalist. (Where he belongs!)



Brian

Brian Harris is a Clubhouse Inspiration generalist who started in January of 2023. His specialty area is food service, and his passions are cooking, hip hop music, and computer gaming.



Scot

Scot Bruce became a valuable addition to our team as a part-time driver in November 2023. Scot brings with him a wealth of experience and a delightful sense of humor. His easy-going nature has quickly endeared him to all of us, and we eagerly anticipate the joy and laughter he brings every time he picks us up for the clubhouse.

"June is the time for dreams to take flight and soar into reality." - Emma Racine de Fleur

Let's Talk Music

WAVY GRAVY

Wavy Gravy became famous in the 1960s for his fun-loving personality and his colorful clown persona. He was a big part of Woodstock, where he and his friends helped out with food, medical care, and keeping the peace. But he's not just about fun and games, he's also serious about helping others. He started the Seva Foundation to help prevent blindness in poor countries. With his big heart and goofy charm, Wavy Gravy shows us all how to make a difference in the world. I would talk his ear off if I ever were able to meet him. I'd ask him about how the 60s were and if it were as cool as I think it was.



JoJo H has been a member of Club-house Inspiration since 2016 and is passionate about music and music history. He creates this column to bring awareness of a wide variety of musical genres to our members and friends.



Memorial Day Picnic

Although rain ruined the Memorial Day picnic plans, everyone decided to move it to the clubhouse. We all enjoyed the day as most members talked and shared stories. Even though it rained, the clubhouse still had a great time together at the indoor picnic. It showed that no matter what, we could still enjoy the day.



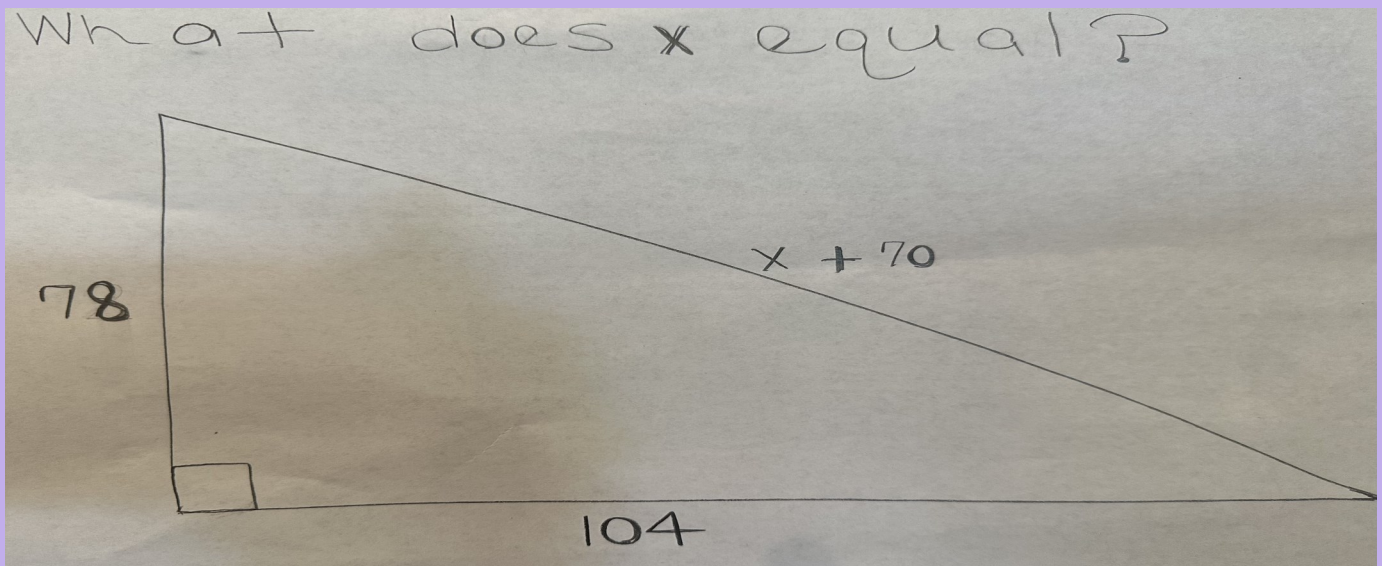
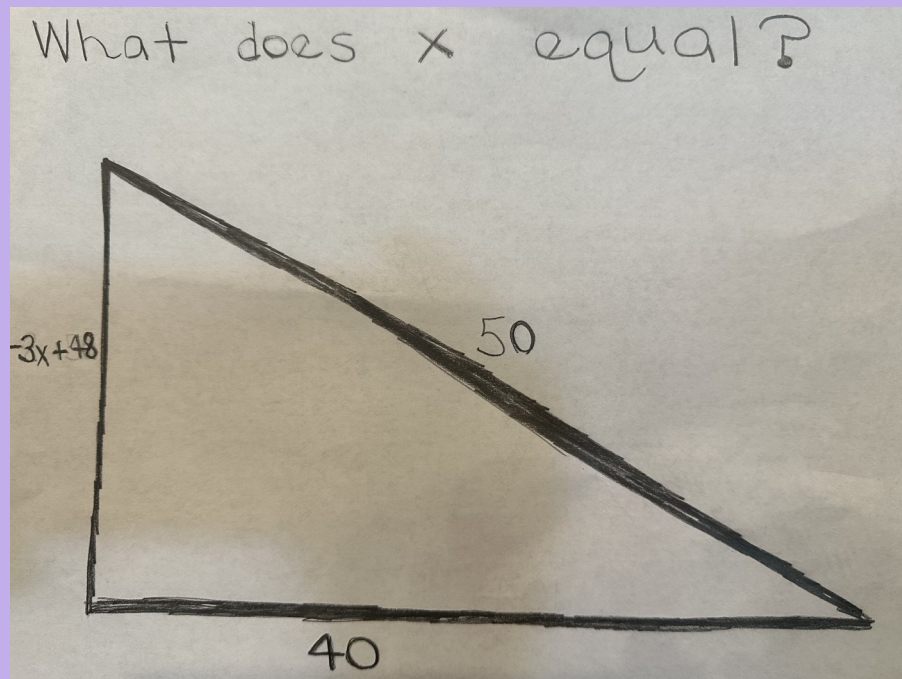
Memorial Day Picnic



Reggie's Math Page

Reggie has been an integral part of Clubhouse Inspiration since 2018, contributing a unique and intellectually engaging element to the community. His passion lies in crafting intricate and challenging math equations, providing both staff and members with a delightful puzzle-solving experience. Reggie's mathematical ability has become a defining feature of Clubhouse Inspiration, fostering a sense of friendship and shared intellectual enjoyment among its members. His ability to turn math into a source of amusement and camaraderie highlights the diverse ways in which individuals contribute to the unique tapestry of the clubhouse community.

Can You Solve His Math Equations?



Movie Review

Review on Megan Leavey

By Kayla W.

"Megan Leavey" is a biographical drama based on the true story of a young Marine corporal, Megan Leavey (played by Kate Mara), and her bomb-sniffing dog, Rex. The film follows Megan as she joins the Marine Corps, gets assigned to the K9 unit, and forms a deep bond with Rex. Together, they complete over 100 missions in Iraq, detecting explosive devices and saving lives. After they are both injured and separated, Megan fights to adopt Rex, highlighting their unbreakable bond and the healing power of companionship. The film is a moving tribute to the sacrifices of military personnel and their loyal canine partners.



Father's Day Tribute

I LOVE MY DAD A LOT, HE IS A VERY GOOD PERSON AND LOVES ME.— ROBIN C

MY DAD IS LIKE MY BEST FRIEND. HE IS ALWAYS THERE WHEN I NEED HELP WITH SOMETHING. HE ALWAYS IS THINKING OF OTHERS. I ADMIRE HIS KINDNESS AND HIS INTELLIGENCE. I APPRECIATE HIM MORE THAN HE WILL EVER KNOW.— KAYLA W.



MY DAD IS A REALLY KIND AND WONDERFUL PERSON. HE IS GREAT TO MY MOM AND OUR FAMILY. I LOVE HIM VERY MUCH. —MARY D.

MY DAD WAS VERY WISE AND HELPFUL. HE ALWAYS HELPED OTHERS BEFORE HIMSELF.—CHUCK V.

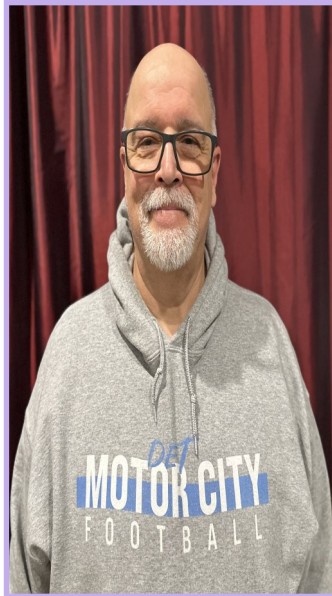
MOST PEOPLE NEVER MEET THEIR HEROES, I WAS RAISED BY MINE. I'M A VETERAN'S DAUGHTER AND I WILL ALWAYS STAND UP FOR MY DAD MY HERO. I LOVE YA DAD. -CHRISTINA S.



Birthday Celebration



Miguel Q
June 1st



Scot B
June 6th



Christina S
June 14th



Robert L
June 28th

Clubhouse Inspiration celebrates and acknowledges the birthdays of our valued members and staff every second Thursday of the month with a special Birthday Celebration! As part of this tradition, each member is presented with a personalized birthday card and a special birthday coupon that can be redeemed for lunch or a snack bar item.



Did You Know?

- **June's Name Origin:** June is named after Juno, the Roman goddess of marriage and the wife of Jupiter.
- **Longest Day:** June usually contains the summer solstice in the Northern Hemisphere, which is the longest day of the year.
- **Birthstones:** The birthstones for June are pearl, alexandrite, and moonstone.
- **Birth Flowers:** June's birth flowers are the rose and the honeysuckle, symbolizing love and happiness.
- **Zodiac Signs:** The zodiac signs for June are Gemini (until June 20) and Cancer (from June 21 onwards).
- **Historical Events:** June 6th is known for D-Day during World War II, marking the Allied invasion of Normandy in 1944.
- **Flag Day:** In the United States, Flag Day is celebrated on June 14th to commemorate the adoption of the U.S. flag.
- **Pride Month:** June is celebrated as Pride Month, honoring the LGBTQ+ community and commemorating the Stonewall Riots of 1969.
- **Juneteenth:** June 19th, known as Juneteenth, marks the end of slavery in the United States, celebrating the day in 1865 when enslaved people in Texas were informed of their freedom.
- **National Dairy Month:** In the United States, June is National Dairy Month, promoting the benefits of consuming dairy products.

Rainbow Brownies

INGREDIENTS

- Nonstick cooking spray
- 1 cup unsalted butter
- 8 ounces white chocolate
- 1 1/2 cups sugar
- 1 teaspoon pure vanilla extract
- 1/2 teaspoon kosher salt
- 2 large eggs
- 2 1/4 cups all-purpose flour
- 3 to 5 different gel food colors
- 3 1/2 ounces white chocolate



DIRECTIONS

1. Preheat the oven to 350 degrees F. Spray a 9-by-9-inch cake pan with non-stick cooking spray. Line it with parchment, spray it again and set aside.
 2. In a large microwave-safe bowl, melt the butter and chopped white chocolate over a double boiler or in the microwave in 15-second increments (stirring with a rubber spatula between every increment).
 3. Stir in the sugar, vanilla extract and salt until well combined. Beat the eggs in a small bowl and add about 1/2 cup of the sugar mixture to temper. Add the egg mixture into the sugar mixture and stir well. Gradually add the flour to the batter, stirring until completely combined.
 4. Separate the batter into 3, 4 or 5 bowls, depending on how many colors you want to make. Stir a few drops of food color into each bowl until the batter is the color you want.
 5. Using a rubber spatula, transfer each batter color to its own piping bag. Cut the tip off of each bag and then pipe the colors into the prepared baking pan. You can pipe in straight lines, squiggles, whatever you want; just remember that you are going to cut the brownies, so make sure every brownie gets all the colors!
 6. Bake until a toothpick inserted in the center comes out clean, 40 to 45 minutes, then let the brownies cool in the pan. When cool, cut them into squares and separate them on a cutting board.
 7. In a large microwave-safe bowl, melt the chocolate chips over a double boiler or in the microwave in 15-second increments (stirring with a rubber spatula between every increment). Drizzle the melted chocolate over the brownies, then top with edible glitter.
- Allow to set at least 10 minutes until the chocolate hardens and the magic works.

Lunch Menu

June 2024

Sun

Mon

Tue

Wed

Thu

Fri

Sat

3 *Garlic Sauce
Pasta*



4 *Soft Tacos and
Rice*



5 *Snappy Joes*



6 *Mcchicken and
Sweet Potato Fries*



7 *BBQ Chicken
and Stuffing*



8

9

10 *Sweet and
Sour Chicken*



11 *Chocolate
Chip Pancakes*



12 *Spaghetti*



13 *BLT and
Chips*



14 *Beef Hoagie
and Mac Salad*



15

16

17 *Teriyaki
Chicken*



18 *Egg Salad
Sandwiches*



19 *Hawaiian
Pizza by Robin*



20 *KFC Bowl*



21 *Chef Salad
and Apple Sauce*



22

23

24 *Beef Sliders
and Waffle Fries*



25 *Hot Dog and
Baked Beans*



26 *BBQ Chick-
en Pizza*



27 *Club Sand-
wiches and Chips*



28 *Grilled
Ham and Cheese*



29

30

What's Happening

**June 8th:
Ice Cream Social—
FREE**



**June 13th— Great
Lakes Crossing—
FREE**



**June 20th— Pizza In
The Park- \$3**



**June 27th— Cash
Bingo- \$5**



Puzzles & Games

HUGE

SUMMER

WORD SEARCH PUZZLE



AUGUST
BARBECUE
BASEBALL
BEACH
BIKE
BOAT
CAMP
FAMILY
FISHING
FLIGHT
FLIP FLOPS
FLOWERS
FRIENDS
GARDEN
HEAT
HOLIDAYS
HOT
HUMID
ICED TEA
INSIDE
JULY
JUNE
LEMONADE
OUTSIDE
PARK
PICNIC
PLAY
POOL
RELAX
SANDALS
SHORTS
SKATEBOARD
SOCCER
SUNSCREEN
SUNSET
SWIMMING
TAN
TANK TOPS
TENT
THEME PARK
TOUR
TRAVEL
TRIP
VACATION
WATERPARK

F	R	I	E	N	D	S	O	C	C	E	R	U	I	F	F	L	S	L	T
C	H	O	T	D	K	F	A	M	I	L	Y	X	V	S	O	K	E	E	S
R	B	W	L	V	S	R	E	W	O	L	F	N	W	O	A	M	N	I	G
T	A	U	G	U	S	T	A	D	P	Y	P	I	P	T	O	T	P	A	K
A	S	V	S	E	O	D	Q	P	L	C	M	L	E	N	E	M	R	R	C
N	E	U	I	K	Y	G	I	U	E	M	Y	B	A	J	F	D	A	Z	B
K	B	I	C	I	I	N	J	M	I	M	O	D	V	Y	E	P	Z	H	W
T	A	T	E	B	N	I	G	N	U	A	E	R	Z	N	R	T	R	I	P
O	L	S	D	N	S	H	G	P	R	H	I	H	E	E	J	R	D	B	M
P	L	S	T	O	I	S	G	D	P	T	K	H	T	L	R	W	S	I	H
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A	T	U	A	V	W	M	J	R	E	G	I	N	G	R	X	S	S	I	Y
P	A	S	V	H	A	X	E	C	X	L	D	H	U	Z	U	H	T	D	S
R	N	T	E	C	K	E	U	D	F	X	T	G	Q	J	I	O	K	U	Z
I	V	C	L	E	N	E	J	V	S	L	A	D	N	A	S	A	T	P	O

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.



Clubhouse Facelift

Clubhouse Inspiration is undergoing a transformation! Thanks to a generous donation from a member's family, we're revitalizing our space to create a more inviting and serene atmosphere. Keep an eye out for our complete makeover in the upcoming newsletter!





Clubhouse Inspiration is a community of people working together for a common goal, offering people living with mental illness hope and opportunities to reach their full potential. We operate on proven standards which have been developed by Clubhouse International over two decades which are effective in over 320 clubhouses worldwide. The basic components of successful clubhouses are the work-ordered day, employment programs, evening, weekend, and holiday activities, community support, outreach, education programs, and self-governance. You can now follow Clubhouse Inspiration on Facebook and Instagram.



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