IMAGINE, BELIEVE AND ACHIEVE

MISSION

At TTI, we seek to enhance the quality of life of those we serve through an array of clinical best practices that inspire healthy living, empowerment, and recovery while promoting the attainment of personal goals and independence.

FUNDING

Funding for TTI services comes primarily from local county community mental health agencies and authorities under contract with the Michigan Department of Community Health. Funding is also provided by HUD and MSHDA as well as through grants. This funding is generally used for persons with the most severe forms of disabilities who are eligible for Medicaid.

ABOUT TTI

TTI is a private, not-for-profit agency that has been providing mental health services and training in Michigan since 1987. TTI provides a wide range of clinic and community-based services to support adults with behavioral health issues and co-occurring disorders. In addition, TTI provides a full array of services to children with autism spectrum disorders, developmental disabilities and emotional impairments. TTI delivers a wide range of specialty mental health services to include Applied Behavior Analysis, Clubhouse, and Employment Services. TTI accepts Medicaid and private insurances.

NON-DISCRIMINATION POLICY

TTI complies with applicable Federal civil rights laws and does not discriminate on the basis of culture, ethnicity, religion, economic status, gender expression or identity, or sexual orientation.

TTI cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de cultura, etnia, religión, situación económica, expresión o identidad de género u orientación sexual.

TTI 遵守適用的 Federal 民權法, 不基於文化、種族、宗教、經濟地位、性別表達或身份或性取向進行歧視。 تميز على أساس الثقافة أو الحقوق المدنية السارية F تا تترم ولا العرق أو الدين أو الوضع الاقتصادي أو التعبير عن الجنس أو الهوية .أو التوجه لجنسى

Training & Treatment Innovations, Inc. is accredited by the Commission on Accreditation of Rehabilitative Facilities (CARF).





Phone: (800) 741-1682 Website: www.ttiinc.org

LOCATIONS

TTI Oxford

1450 S. Lapeer Rd. Oxford, MI 48371 (248) 969-9932

Clubhouse Inspiration

1350 S. Lapeer Rd. Oxford, MI 48371 (248) 969-9375

TTI Saginaw

3665 Bay Rd. Saginaw, MI 48603 ACT: (989) 799-0066 Case management: (989) 799-6542

Bayside

2700 W. Genesee Road Saginaw, MI 48602 (989) 799-1266

ACCESS CENTERS

If you or someone you know could benefit from ser-vices, please contact the appropriate access center for your county. The numbers are:

- Oakland: Common Ground, (800) 231-1127
- Genesee: Crisis Hotline, (810) 257-3740
- Macomb: Access Center, (586) 948-0222
- Saginaw: Access Services, (989) 797-3559
- Jackson: Lifeways Access Center, (517) 789-1200



Training & Treatment Innovations, Inc.

A provider of behavioral health services since 1987



Self-Determination

13213 E. 14 Mile Rd. Sterling Hgts, MI 48312 (586) 939-4374

TTI Sterling Heights

TTI Flint 929 Stevens St.

Flint, MI 48502 (810) 232-6081 ACT: (810) 232-0461

TTI Troy

1225 E. Big Beaver Rd. Troy, MI 48083 (248) 524-8801

TTI Jackson (Housing)

2301 E. Michigan Ave., Suite 219 Jackson, MI 49201 (517) 782-0010

What is Self-

Self-Determination is the philosophy that you have the right to live and be part of your community just like anyone else, by having the freedom to make your own choices. Through Self-Determination, you have the power to make meaningful choices about how to live your life through a person-centered plan and control of an individual service budget.

Self-Determination teaches consumers responsibility AND confirms their ability to live and participate fully in the community.

HOW IS SELF-DETERMINATION DIFFERENT THAN **PERSON-CENTERED PLANNING?**

You already use the person-centered planning process. Self-Determination builds on the choice and control available to you as defined by your benefit plan. Self-Determination means that you control the money for your services and supports by developing and implementing an Individual Budget.



WHAT IS AN **INDIVIDUAL BUDGET?**

An Individual Budget is the money needed for the services and supports that you use. The budget is developed once the personcentered planning

Determination?

This is to ensure the budget has enough money for you to obtain each service or support in your plan. The dollars contained in your budget can only be used for the services and supports in the plan.

HOW DO I USE THE FUNDS IN MY INDIVIDUAL **BUDGET?**

You use the funds in your Individual Budget to pay for the services you are receiving from professional providers and to pay the workers that you hire. You have control over who supports you, how they support you, and how you spend your time.

WHAT WILL I DO AS A CONSUMER?

- I will fully participate in finding the right case manager for me. I can decide to "fire" my case manager and choose someone else.
- I will understand that the case manager, supports coordinator and anyone else works for me. I am considered the "employer."
- I will talk with my case manager/supports coordinator to problem solve concerns or if I am confused about something.
- I will direct my PCP process.
- I will talk with my FI, if I have one, if I want to change how money in my budget is spent.
- I will talk to those people who are working with me and tell them what I need and when my needs are not being met.
- I will keep all paperwork that pertains to my case in my home.

What is a fiscal intermediary (FI)?

It is an agency that handles your personal budget. The FI receives the money from your individual budget and makes payments to your workers or providers of services once they receive a timesheet or invoice from you.



THE RECOVERY JOURNEY **PRINCIPLES OF SELF-DETERMINATION**

- Freedom To plan your life with the supports necessary for life.
- Authority In arranging resources and personnel (both formal and informal) to assist you in living in your community.
- Support To control a set sum of dollars in order to purchase supports as authorized in your plan of service and supported by your individual budget.
- Responsibility Of accepting a valued role in your community through employment, affiliations and spiritual development, and of being accountable for using public dollars in ways that are based on needs and that are life-enhancing.
- Confirmation Of the important leadership that self-advocates hold.

WHAT DOES SELF-DETERMINATION MEAN FOR YOU?

- You have control over your life.
- You decide where you want to live, work, and have fun.
- You determine who you want to help you reach your dreams and goals.
- You control your budget so your money can work for you.

WORKING TOGETHER

process is completed.