

CLUBHOUSE CHRONICLE

SEPTEMBER
2025



Letter from the Director

We had such a great month in August! Our Clubhouse stayed busy with new and exciting things to make our Work-Ordered Day even better. We tried out different units which gave us the chance to work alongside different members and staff, which made these certain days feel fresh and fun.

The weather was beautiful, so we made sure to take time for walks and enjoy being outside together. And of course, we ended the month with one of our favorite activities... Cash Bingo! It was a wonderful way to laugh, connect, and celebrate the month.

I'm so proud of everything we did together in August, and I'm looking forward to all that September will bring. Thank you for being part of what makes our Clubhouse such a special place.

Kayla Waple
Director, Clubhouse Inspiration

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ESTABLISHED
IN
1998



MEET OUR STAFF

Kalli



Kalli S. became our manager in September 2024, overseeing specialty services at TTI's Oakland County offices. With her extensive knowledge and kind-hearted approach, she has quickly become an integral part of the team. We're so grateful to have her leadership and expertise guiding us!

Kayla



Kayla W. has been a generalist since December 2021, and we're thrilled to have her. She became Acting Director in February 2023. She brings a ton of enthusiasm to our community and is one of the sweetest personalities you'll ever meet.

Mary



Mary R. was a case manager support specialist at TTI and is now the Assistant Director at Clubhouse. Mary is known for her sincerity and compassion and is loved and cherished by CHI members.

Jennie



Jennie N. joined us in August 2024. She's a former teacher and current Master's of Social Work student. Jennie brings both compassion and a fun, energetic spirit to her work. Her dedication to helping others makes her a fantastic addition!

MEET OUR STAFF

Connor



Connor W. joined our team in September of 2024. A finance major from CMU with a background in sales, Connor brings a can-do attitude to everything he does. His sense of humor and upbeat outlook make him a great addition to the team. He brings so optimism to the table!

Jackie



Jackie C. has been a part of our clubhouse team since October 2024. She has years of experience in the mental health field and is eager to help others thrive! She has a Bachelor's in journalism and a Master's in communications. We are so happy to have her as a part of CHI!

Scot



Scot B. became a valuable addition to our team as a part-time driver in November 2023. Scot brings with him a wealth of experience and a delightful sense of humor. His easy-going nature has quickly endeared him to all of us!

Greyson



Greyson joined our team in February 2025, bringing a fun and motivated energy to everything he does. His positive attitude and dedication make him an invaluable part of our team, and we're grateful to have him on board. We look forward to the great things he'll continue to bring!

EDUCATION & EMPLOYMENT



Clubhouse Inspiration has secured a new Transitional Employment placement thanks to staff member Connor W. and member Bobbie T. Together, they visited Culver's in Oxford where Connor introduced the Clubhouse program to staff members. Bobbie T. was then able to interview and was offered part-time employment as a server. Good luck Bobbie!

This month, Clubhouse member Justin Z. started a Bachelor's degree online at Full Sail University. He has been utilizing the Clubhouse computers to support his goal. Justin stated that he is in an accelerated program and plans to have his degree in Computer Science in two years. Congrats Justin!



With the support of Clubhouse Inspiration, member Sam R. is starting her GED through the Family Literacy Center in Lapeer. Congrats Sam!

ON THE ROAD

WITH NICK X. & WENDY H.

It's a brand new month and your favorite members of Clubhouse Nick and Wendy are on the prowl. Yesterday we had an exciting day of collecting cans and bottles to earn and save some money for a trip to California in the future. After an arduous day collecting we decided to have a treat at Frosty Boy. Wendy is really looking forward to next month because she is going to see Jason Aldine in concert with her friend and also to see sexy Tim McGraw with me. Wendy says he is 58 years old and he is looking fine. On TMZ last night they said he was "ripped" and bald and still sexy.



Tomorrow we are going to The Wilderness park (Zoo) in Frankenmuth. It should be fun. We will update Clubhouse on it if we like it so maybe Clubhouse can take a trip there one day. We are thinking about seeing two movies in the near future Naked Gun and The Bad Guys 2. We want to give wicked props to Carl in Clubhouse for always being nice to everyone. Congratulations to Bobbie at Clubhouse for getting hired at Culvers. Hope everyone has a nice August month. Hope the Lions do better then they did last night in the preseason. Hope the Tigers can bounce back from their losing streak.

THE BLANDING TURTLE

BY BRUCE B.

Blanding turtles are my neighbors. One day I saw them in the road. I ran over to them and scooted them into the swamp. After I rescued them, I wanted to learn more about them and share what I learned.

Blanding turtles eat plants and fish, they don't swim too much, they're nocturnal, and you cannot buy them or keep them as pets. They have long, narrow shells and they are considered to be an endangered species. They are like a box turtle; their shell folds up over their head. They are able to tolerate low temperatures.

More Information About Turtles

The top of a turtle's shell is called the carapace. It's the dorsal (back) and convex part of the shell, consisting of fused bones (like the ribs and vertebrae) covered in scutes. Scutes are the hard, protective plates that cover the carapace. They are made of keratin, similar to human fingernails.



SEPTEMBER BIRTHDAYS

**HAPPY
BIRTHDAY**

Clubhouse Inspiration celebrates and acknowledges the birthdays of our valued members and staff the last Friday of every month with a special birthday celebration! As part of this tradition, each member is presented with a personalized birthday card and a special birthday coupon that can be redeemed for lunch or a snack bar item.



Keith N. – 9/14

BOWLING AT THE LEGACY CENTER



CELEBRITY & SPORTS NEWS

BY CAROLYN H.

- Travis Kelce and Taylor Swift are ENGAGED!!! Travis proposed on August 26 with a unique "old mine cut" engagement ring. Congratulations and best wishes to the happy couple!!
- Princess Kate Middleton was spotted on a drive with Prince William and her children with lighter blonde hair.
- Zoe Kravitz and Harry Styles were spotted in Rome walking arm in arm. Maybe a new couple alert?
- *I Dream of Jeanie* Alum Barbara Eden was spotted out and about in Los Angeles on her 94th birthday.
- *Burn Bright* by Krista and Becca Ritchie is a thriller that comes out on September 2, 2025.
- *The Killing Season* a nonfiction book by Robert Cowley also comes out on September 2, 2025.
- *59 Minutes* by Holly Seddon comes out on September 25, 2025.
- The Detroit Lions lost their preseason game against the Texans on August 23. I'm so glad it's just preseason. Let's GO LIONS!
- The Detroit Tigers are still in first place in the Central Division of baseball with a record of 78-54. WAY TO GO TIGERS!! ROAR!!



COOKING CLASS WITH JEFF

Every other week, TTI staff member Jeff E. does a kitchen takeover at Clubhouse and teaches our members his culinary expertise with unique and healthy recipes. This month, Jeff and several clubhouse members whipped up sugar free chocolate chip cookies. They were enjoyed by all!



BOOK REVIEW

BY JULIE M.

Book Review

Name: Julie M

Name of Book All Good People Here
By Ashley Flowers

Type of Book: Thriller, Western, Mystery, Romance, Comedy, Inspiration

Fiction (not real)

Non Fiction (real)

Brief Description of

Book Imagine being in a town where everyone appears to be perfect. Now you have to know that there's been a murder that happened 20 years earlier that's never been solved. Margot Davies is a Journalist for the Indy Newspaper and she has taken time to try to link a new murder with the one that happened two decades earlier. Through many twists and turns she has finally able to solve her friends murder; but will she have to tell who the murderer is? Read this book and find out! I think you'll be amazed at the end of the story.

Recommended? Y/N Y Why or Why not? This book will keep you on your toes

How many hearts out of 5? (Five being the best)



LUNCH MENU

SEPTEMBER
2025

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
	Labor Day Picnic	Chicken Fries w/Curly Fries	Pepperoni Pizza	Turkey & Swiss Sandwich w/chips	Chicken Noodle Soup w/crackers	
7	8	9	10	11	12	13
	French Toast Sticks, Sausage Patties w/Fresh Fruit	Nacho Fries by Joy	Maurice Salad w/Grilled Pita by Joy	Corn Beef & Swiss on Rye w/Pickle	Grilled Cheese w/Tomato Soup	
14	15	16	17	18	19	20
	Corn Dogs w/Mac & Cheese	Chef Salad w/Breadsticks	PB & J w/chips	Chicken Nuggets w/French Fries	Crockpot Chili w/ Cornbread	
21	22	23	24	25	26	27
	Ham & Cheese Sandwich w/ Applesauce	Spaghetti & Meatballs w/Garlic Bread	Corn Dogs w/Mac & Cheese	Frozen Waffles w/ Bacon & Fresh Fruit	Fish Sandwich w/Tater Tots	
28	29	30	1	2	3	4
	McChicken Sandwiches w/French Fries	Beef Sliders w/Pasta Salad				

LET'S TALK MUSIC

BY JOJO H.

Honoring Peter Green, Founder of Fleetwood Mac

Peter Green (October 29, 1946 – July 25, 2020) was an English blues rock singer, songwriter, and guitarist. He founded Fleetwood Mac in 1967 after playing with John Mayall's Bluesbreakers. The band became successful both live and in recordings. Green left in 1970 and was diagnosed with schizophrenia in the mid 1970s. In 1979, Green began to re-emerge professionally. With the help of his brother Michael, he was signed to Peter Vernon-Kell's PVK label, and produced a string of solo albums starting with 1979's *In the Skies*. He also made an uncredited appearance on Fleetwood Mac's double album *Tusk*, on the song "Brown Eyes," released the same year.

He wrote well-known songs like "Albatross", "Black Magic Woman", "Oh Well", "The Green Manalishi", and "Man of the World", many of which were hits and covered by other artists. He was an important figure in British blues. Eric Clapton admired his playing, and B.B. King once said, "He has the sweetest tone I ever heard." Green was known for his emotional playing style, including string bending, vibrato, and a focus on feeling over flash.

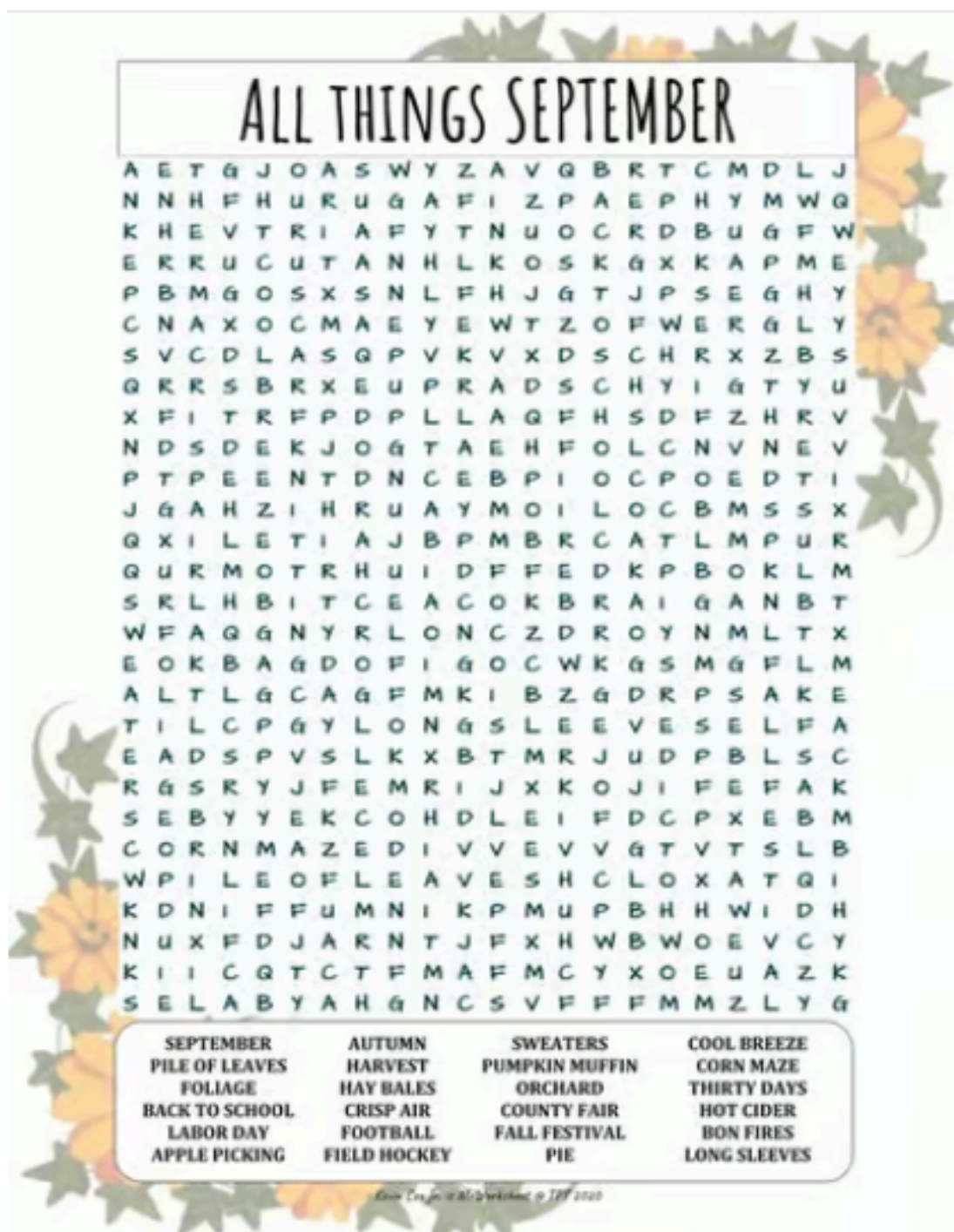
He received high praise over the years:

- Ranked 3rd-best guitarist by Mojo magazine in 1996
- Ranked 58th on Rolling Stone's "100 Greatest Guitarists" in 2015
- His song "The Supernatural" was praised for its guitar tone by Guitar Player magazine in 2004.
- Inducted into the Rock and Roll Hall of Fame in 1998



Jojo H. has been a member of Clubhouse Inspiration since 2016 and is passionate about music and music history. He creates this column to bring awareness to a wide variety of musical genres to clubhouse members and friends.

WORD SEARCH



SEPTEMBER EVENTS



Monday, September 1

Labor Day Picnic

Cost: \$1

Sign Up By: 8/25/25

Monday, September 8

Pizza & Movie

Cost: \$3

Sign Up By: 9/2/25



Wednesday, September 17

Walk a Mile Rally

Cost: Free

Sign Up By: 8/27/25

Saturday, September 27

Yates Cider Mill

Cost: Bring own money

Sign Up By: 9/19/25



Monday, September 29

Great Lakes Crossing

Cost: Bring own money

Sign Up By: 9/22/25



Clubhouse Inspiration is a community dedicated to empowering individuals living with mental illness by providing hope and opportunities to realize their full potential. Guided by proven standards developed over two decades by Clubhouse International, we join over 320 clubhouses worldwide in offering effective, supportive programs. Key elements of our approach include a structured work-ordered day, employment support, activities on evenings, weekends and holidays, community outreach, educational programs, and self-governance. Follow Clubhouse Inspiration on Facebook and Instagram to stay connected and learn more.



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