## **IMAGINE, BELIEVE AND ACHIEVE**

### **MISSION**

To enhance the quality of life of those we serve through an array of clinical best practices that inspire healthy living, empowerment, and recovery while promoting the attainment of personal goals and independence.

#### **FUNDING**

Funding for TTI services comes primarily from local county community mental health agencies and authorities under contract with the Michigan Department of Community Health. Funding is also provided by HUD and MSHDA as well as through grants. This funding is generally used for persons with the most severe forms of disabilities who are eligible for Medicaid.

#### **ABOUT TTI**

TTI is a private, not-for-profit agency that has been providing mental health services and training in Michigan since 1987. TTI provides a wide range of clinic and community-based services to support adults with behavioral health issues and co-occurring disorders. In addition, TTI provides a full array of services to children with autism spectrum disorders, developmental disabilities and emotional impairments. TTI delivers a wide range of specialty mental health services to include Applied Behavior Analysis, Clubhouse, and Employment Services. TTI accepts Medicaid and private insurances.

#### NON-DISCRIMINATION POLICY

TTI complies with applicable Federal civil rights laws and does not discriminate on the basis of culture, ethnicity, religion, economic status, gender expression or identity, or sexual orientation.

TTI cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de cultura, etnia, religión, situación económica, expresión o identidad de género u orientación sexual.
TTI 遵守適用的 Federal 民權法,不基於文化、種族、宗教、經濟地位、性別表達或身份或性取向進行歧相。

تميز على أساس الثقافة أو الحقوق المدنية F بقوانين TTI تلتزم السارية ولا العرق أو الدين أو الوضع الاقتصادي أو التعبير عن الجنس أو الهوية أو التوجه لجنسي



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## TTI Oxford

1450 S. Lapeer Rd. Oxford, MI 48371 (248) 969-9932

## **TTI Troy**

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Training & Treatment Innovations, Inc. is accredited by the Commission on Accreditation of Rehabilitative Facilities (CARF).





**Young Adult Program** 

# Young Adult Program

The Young Adult Program helps create a circle of support for young adults between the ages of 18 and 26. TTI recognizes that the transition into adulthood represents a challenging period for the young adult population and that the complex challenges may be even more difficult to overcome when coupled with a mental illness.

The Young Adult Program is specifically designed to aid these individuals in their attempts to establish themselves with friends and families, as well as help them



**HOPE, SUPPORT & GROWTH** 

develop in their evolving roles as employees, students, residents and members of the community.

By focusing on individual interests, talents, strengths and aspirations, the program helps young adults develop the skills and abilities they need to reach their goals, both in the short-term and long-term.

In addition to traditional case management services, this program offers individual and group therapy, family support group, co-occurring substance abuse group, independence classes and skill building/psycho-educational groups. Individuals in the program also have access to a housing specialist and occupational, behavioral and substance abuse therapies.

## THE TIP SYSTEM

TTI utilizes the evidence-based practice model of the Transition to Independence Process (TIP) system.

Under this system, individuals are assisted in the following domains:

**Employment and career** – TTI employees help young adults identify their individual talents and skills to achieve and maintain competitive employment. They also assist in reviewing job postings, resume writing, job application completion, interviewing skills and occupational therapy referrals.

**Educational opportunities** – After identifying consumers' interests and needs, TTI employees will work with them on furthering their education by assisting with the enrollment process, financial aid paperwork and study habits/organizational skills.

**Housing situation** – TTI employees assist consumers in maintaining an appropriate current living situation, and if necessary, give them referrals for alternatives.

**Community life functioning** – Employees assist individuals in developing personal effectiveness and community living skills, focusing on community integration and resources. They assist consumers in areas including:

- Daily living (budgeting, self-care, independent living)
- Leisure activities
- Community participation
- Health



THE RECOVERY JOURNEY

- Self-determination
- Communication
- Interpersonal relationships

## **SEVEN TIP SYSTEM GUIDELINES**

- Engage individual through person-centered planning/personal choice
- Tailor services to build on strengths, talents, etc.
- Acknowledge/develop skill building
- Broaden safety net of support
- Promote greater self-sufficiency and confidence
- Results oriented
- Bridging the gaps between family, friends and the community

Young Adult services are provided in TTI's Oxford and Troy offices.