

Our Mission

The mission of Clubhouse Inspiration is to provide an environment whereby members and staff work together in assisting its members in rehabilitation, reintegration in to the community and recovery from the effects of serious mental illness while promoting greater self-sufficiency, choice, empowerment, and overall enhanced sense of quality of life in a safe environment where members feel they are needed, welcome, and that the contributions they make benefit the entire clubhouse community.



Contracted and Supported by:

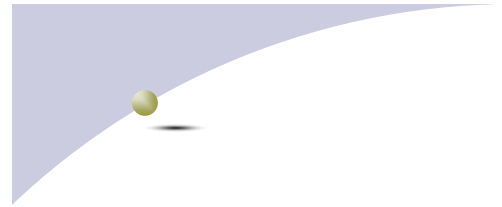


1350 S. Lapeer Road
Oxford, MI 48371
Phone: 248-969-9375
Fax: 248-969-9478
E-mail: clubhouseinspiration@gmail.com



Like us on Facebook

facebook.com/Clubhouse-Inspiration



{ Tel: 248-969-9375 }

About Clubhouse Inspiration

What Is a Clubhouse?

A Clubhouse is a program which serves adults with a chronic mental illness. A clubhouse is a community center where members (recipients of mental health services) and staff plan and participate together in activities that are meaningful and help the membership increase competencies, develop new skills, and provide opportunities to make and keep a network of friends. While the program and membership are voluntary, members are expected and needed to participate in the work of the clubhouse.



What Does Clubhouse Offer?



- Hope and opportunities for people living with mental illness to reach their full potential
- Opportunities for vocational, educational, and social development
- A focus upon member strengths, talents and abilities
- A stable support system
- Freedom to participate at the level where each member is comfortable, 100% voluntary and without time limits
- Assistance in getting ready for work, physically and mentally
- Tools to develop meaningful work and social relationships to become more confident and competent

The Work-Ordered Day at Clubhouse Inspiration

Work-Ordered Day describes the structure of the day-to-day activity within the clubhouse, organized to help members develop self-esteem, confidence and friendships, which make up the foundation of the recovery process.

The work-ordered day engages members and staff together, side-by-side, in the running of the Clubhouse. The Clubhouse focuses on strengths, talents and abilities.

The Clubhouse is organized into one or more work units, each of which has sufficient staff, members and meaningful work to sustain a full and engaging work-ordered day. Unit meetings are held to foster relationships as well as to organize and plan the work of the day.

Members have the opportunity to participate in all the work of the Clubhouse, including administration, research, enrollment and orientation, reach out, hiring, training and evaluation of staff, public relations, advocacy and evaluation of Clubhouse effectiveness.

