

### IMAGINE, BELIEVE AND ACHIEVE

#### MISSION

At TTI, we seek to enhance the quality of life of those we serve through an array of clinical best practices that inspire healthy living, empowerment, and recovery while promoting the attainment of personal goals and independence.

### FUNDING

Funding for TTI services comes primarily from local county community mental health agencies and au-thorities under contract with the Michigan Department of Community Health. Funding is also provided by HUD and MSHDA as well as through grants. This funding is generally used for persons with the most severe forms of disabilities who are eligible for Medicaid.

### ABOUT TTI

TTI is a private, not-for-profit agency that has been providing mental health services and training in Michigan since 1987. TTI provides a wide range of clinic and community-based services to support adults with behavioral health issues and co-occurring disorders. In addition, TTI provides a full array of services to children with autism spectrum disorders, developmental disabilities and emotional impairments. TTI delivers a wide range of specialty mental health services to include Applied Behavior Analysis, Clubhouse, and Employment Services. TTI accepts Medicaid and private insurances.

### NON-DISCRIMINATION POLICY

TTI complies with applicable Federal civil rights laws and does not discriminate on the basis of culture, ethnicity, religion, economic status, gender expression or identity, or sexual orientation.

TTI cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de cultura, etnia, religión, situación económica, expresión o identidad de género u orientación sexual.

TTI 遵守適用的 Federal 民權法, 不基於文化、種族、宗教、經濟地位、性別表達或身份或性取向進行歧視。 تميز على أساس الثقافة أو الحقوق المدنية السارية و F بقوانين TTI تلتزم العرق أو الدين أو الوضع الاقتصادي أو التعبير عن الجنس أو الهوية أو لتوجه لجنسي



Phone: (800) 741-1682 Website: www.ttiinc.org

### LOCATIONS

#### TTI Oxford

1450 S. Lapeer Rd. Oxford, MI 48371 (248) 969-9932

#### **Clubhouse Inspiration**

1350 S. Lapeer Rd. Oxford, MI 48371 (248) 969-9375

#### **TTI Saginaw**

3665 Bay Rd. Saginaw, MI 48603 ACT: (989) 799-0066 Case management: (989) 799-6542

#### Bayside

2700 W. Genesee Road Saginaw, MI 48602 (989) 799-1266

### ACCESS CENTERS

If you or someone you know could benefit from services, please contact the access center for your county to see if you meet eligibility requirements. The numbers are:

- Oakland: Common Ground, (800) 231-1127
- Genesee: Crisis Hotline, (810) 257-3740
- Macomb: Access Center, (586) 948-0222
- Saginaw: Access Services, (989) 797-3559
- Jackson: Lifeways Access Center, (517) 789-1200



### Training & Treatment Innovations, Inc.

## A provider of behavioral health services since 1987



### Independent Facilitation

**TTI Sterling Heights** 13213 E. 14 Mile Rd. Sterling Hgts, MI 48312 (586) 939-4374

### TTI Flint

929 Stevens St. Flint, MI 48502 (810) 232-6081 ACT: (810) 232-0461

#### TTI Troy

1225 E. Big Beaver Rd. Troy, MI 48083 (248) 524-8801

### TTI Jackson (Housing)

2301 E. Michigan Ave., Suite 219 Jackson, MI 49201 (517) 782-0010

# **Independent Facilitation**

### WHAT IS INDEPENDENT FACILITATION?



Independent Facilitation is part of Person-Centered Planning (PCP), which is the process consumers use to develop their plans of service. Consumers are involved in all aspects of their

care, and given the choice of whom they want to participate in their PCP process. A consumer has the right to choose an **Independent Facilitator** to help develop his/her plan of service and help run PCP meetings.

An Independent Facilitator is a person outside the CMH system. His or her job is to lead a discussion of the consumer's hopes and dreams and determine what CMH and the community can do to help that individual reach those goals.

### WHAT AN INDEPENDENT FACILITATOR DOES:

- Helps the consumer identify dreams and goals
- Assists in arranging PCP meetings
- Keeps the meeting focused on the consumer
- Makes sure the consumer is both heard and understood
- Has a knowledge of a variety of supports (natural, community and system)

### WHAT AN INDEPENDENT FACILITATOR DOES NOT DO:

- Decide what will be paid for in the consumer's plan
- Authorize the consumer's services and supports
- Benefit from the outcome of the consumer's plan

### WHO CAN BE THE CONSUMER'S INDEPENDENT FACILITATOR?

- The consumer
- Someone the consumer trusts
- Someone who has been trained as an Independent Facilitator
- A person identified by the consumer's supports coordinator or case manager as someone who is formally trained and has experience in completing plans that have been successfully implemented

### WHO IS ELIGIBLE?

Consumers of developmental disabilities and mental health services have the right to the Person Centered Planning process. They also have the right to choose their own Independent Facilitator.



This service is not available to consumers receiving short-term outpatient, medication only or substance abuse services.

There is no extra cost to the consumer for having an independent facilitator.

### HOW CONSUMERS WORK WITH AN INDEPENDENT FACILITATOR

An Independent Facilitator is NEUTRAL. He or she will walk a consumer through the process, but they do not promote any particular viewpoint.

Independent Facilitators have received special training so that they can help the consumer understand his/her choices. The Independent Facilitator will work with the consumer, case manager or supports coordinator, and any other individuals that the consumer would like to be involved.

The facilitator coordinates the planning process and assures that the plan is clear to all planning participants and is ready for implementation.

### CHARACTERISTICS OF AN INDEPENDENT FACILITATOR

- A neutral third party
- A guide for the group
- A guide of the process
- A bridge between issues and options
- A mirror to participants' interests
- Explains and guides the process
- Identifies the issues
- Creates a respectul environment
- Promotes a collaborative process
- Focuses discussion and generates movement
- Listens/reflects/reframes/redirects
- Ensures everyone is heard



THE RECOVERY JOURNEY

Training & Treatment Innovations, Inc. is accredited by the Commission on Accreditation of Rehabilitative Facilities (CARF).

